

THE WOMAN WHO HEALED IN THE CANARY ISLANDS

Getting to know the healers
of our land

<https://www.youtube.com/watch?v=InqDEYOkORA>





WHO WERE THESE WOMEN?

- Town women.
- They knew natural remedies.
- They helped when there were no doctors nearby.

They were called...

Healers

Blessers

Herbalists

Midwives

WHAT DID THEY DO TO HELP?



Their methods and techniques

- ♦  They used medicinal plants from nature.
- ♦  They said prayers and made the sign of the cross or asked for good fortune.
- ♦  They applied the laying on of hands to soothe pain
- ♦  They also assisted in childbirth and cared for babies as midwives

WHERE DID THEY LIVE AND WORK?

¿Where did they work?

- ♦ In small towns.
- ♦ In rural areas of the Canary Islands.
- ♦ Many villages did not have a doctor, and these women were the ones who took care of people's health.



WHY DID THEY DO IT?

Because they wanted to help others:

- ♡ To care about others. They believed they could alleviate pain or health problems with their knowledge.
- 🤝 It was a way to share affection and support within the community.
- ✦ To share their knowledge.

“Heal is also a love behavior”



HOW MUCH DID THEY CHARGE?

Often they didn't ask for money.
Sometimes they received:

- ♦ 🍳 Food
- ♦ 🍞 Bread
- ♦ 🌿 Farm products

“The most important thing was helping the people in the village”



HOW DID THEY LEARN?

From who they learned?

- ♦ From their mothers and grandmothers, passing this knowledge down from generation to generation.
- ♦ Observing and practicing.
- ♦ Listening to stories.
- ♦ Helping from a young age.





THE IMPORTANCE OF TODAY

Why we remember them?

Because they are part of:

- ♦ Our History.
- ♦ Our Cultural Heritage of the Canary Islands.
- ♦ Our Identity.

“Caring and helping has always been a way to
heal the body and the soul”

A glass bowl filled with various pills and capsules, including yellow, white, and brown capsules, and a white oval tablet. The bowl is surrounded by fresh herbs and flowers, including a large white cluster of small flowers, purple flowers, and yellow flowers, all on a dark wooden surface.

THE END

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